

**AVAILABLE EVERYDAY**

**Large Tossed Salad  
With Tomato & Cucumbers**

**FRIENDS SCHOOL HAVERFORD  
SEPTEMBER 2010**

**AVAILABLE EVERYDAY**

**GRAB AND GO LUNCH  
Two String Cheese Sticks  
Whole Wheat Soft Pretzel  
Fresh Fruit Wedges**

Monday, September 13 <b>Cheeseburger on Multi Grain Bun</b>	Tuesday, September 14 <b>Nachos w/Hot Cheddar Cheese Sauce &amp; Salsa</b>	Wednesday, September 15 <b>Chicken Caesar Salad</b>	Thursday, September 16 <b>Turkey BLT Hoagie</b>	Friday, September 17 <b>Domino's Pizza</b>
Monday, September 20 <b>Philly Cheese Steak</b>	Tuesday, September 21 <b>Toasted Ham &amp; Cheese Hoagie</b>	Wednesday, September 22 <b>Crispy Chicken Sandwich On Multi Grain Bun</b>	Thursday, September 23 <b>Meatball Sub</b>	Friday, September 24 <b>Personal Pan Pizza</b>
Monday, September 27 <b>Cheeseburger on Multi Grain Bun</b>	Tuesday, September 28 <b>Nachos w/Hot Cheddar Cheese Sauce &amp; Salsa</b>	Wednesday, September 29 <b>Chicken Nuggets Whole Wheat Soft Pretzel</b>	Thursday, September 30 <b>Hot Turkey Sandwich</b>	Friday, October 1 <b>Papa Joe's Pizza</b>
Monday, October 4 <b>Philly Cheese Steak</b>	Tuesday, October 5 <b>Toasted Ham &amp; Cheese Hoagie</b>	Wednesday, October 6 <b>Chicken Caesar Salad</b>	Thursday, October 7 <b>Turkey BLT Hoagie</b>	Friday, October 8 <b>Stuffed Crust Pizza</b>

**WELCOME BACK**